

Coonoor Bridge Wind Farm
Community Grant Program Application Form

Grant Application Summary

Required Information	Applicant Response
Project name	Health and Wellbeing of St Arnaud PS students and community
Project location	St Arnaud Primary School Charlton Rd St Arnaud
Name of organization applying for a grant	St Arnaud Primary School
Brief description of the organization applying for a grant	<p>St Arnaud Primary School currently has an enrolment of 115 students (120 in 2019). We are a relatively new Stephanie Alexander Kitchen Garden Foundation School who are still in the infancy stages of the program. We are a part of the St Arnaud Learning Alliance and as such, we work closely with the St Arnaud Children's Precinct, St Arnaud Secondary College, Northern Grampians Shire Council and East Wimmera Health Service. We are committed to the health and wellbeing of students, and more broadly, the wider community. We are actively doing this by providing students with the necessary tools and foundations through pleasurable food education. St Arnaud PS has also recently joined the Resilience Project, which is providing students and the school community evidence-based, positive mental health strategies to build resilience and happiness. These projects go hand in hand and are integrated into the fabric of the school through a range of strategic plans and our curriculum. The SAKGF program will be expanded across the school in 2019, and we are applying for this grant to enable us enhance our facilities so we can grow our productivity and adequately service all students involved.</p>
Brief project summary (100 words)	<p>St Arnaud Primary School are applying for a grant to continue the development and enhancement of our recently installed outdoor classroom area. As active participants in the SAKGP, we require a learning space close to the vegetable garden and orchard that we can use during lessons focusing on growing and harvesting produce. It's also essential to have a space to store our valued garden equipment.</p> <p>This grant would allow us to improve our facilities and install ventilation in the shipping container as well as extra storage, soil, mulch, fruit tree netting, paint, sprinkler system and further plants.</p>
Maximum amount applied for	\$5,000
Expected date of project completion	Monday 15 th July, 2019 (beginning of term three)

Project Details

Project Summary	<p>At St Arnaud Primary School we are aiming to establish positive food habits for life through pleasurable food education.</p> <p>The school has recently installed a shipping container, which we are converting into a learning space for use in the SAKGF program. In order to fully and successfully participate in this program, St Arnaud Primary School is seeking grant funding to enhance our facilities and continue with the building of the garden storage and learning space (shipping container). The school needs to create an established garden area where there is a suitable amount of space and equipment to grow organic fruits, vegetables and herbs so we can provide fresh produce to all classes involved and impacts a wider group of students, families and community members. The creation of an outdoor learning classroom is pivotal in the overall vision for this program, as the vegetable garden and the orchard have been established away from our regular classrooms. This learning space will provide students with a space to explore elements of the SAKGF program curriculum in detail, such as composting, growing, harvesting, pruning and propagating and fully take advantage of the learning opportunity it can provide. Grant funding will be used to enhance the learning space through the installation of ventilation so that the area is accessible year round, shelving to store equipment and paint to begin working on a mural. The mural will enable us to strengthen our community connectedness, showcase our pride in St Arnaud Primary School and create a visual for our community and passers by of the school culture and values. It will also allow our students to use their 'voice' in planning the mural with local artist/s.</p> <p>The work above is just one stage in a longer term vision to also provide our students and school community with a verandah and decking off the shipping container for inclement weather activities, a bush cooking fire pit and pizza oven.</p> <p>Additional equipment and plants listed in the forecast budget will ensure that we have a fully functioning garden area suitable to the needs of our climate.</p> <p>As a school, we recognize the important role we play in ensuring students long-term health and wellbeing. We've made a commitment to this, as research indicates poor health across the region. The Northern Grampians Shire Council Municipal Health and Wellbeing Plan outlines 'healthy eating' as a priority from 2017 – 2021, and includes some compelling reasons for this:</p> <ul style="list-style-type: none">- 18.9% respondents rated their health as fair or poor- 45.5% were pre-obese or obese- 60.4% of respondents had at least one chronic disease- Stawell and St Arnaud identified as two of the 40 most disadvantaged postcodes- <p>The Grampians Pyrenees Primary Care Partnership document from 2017 published that:</p> <ul style="list-style-type: none">- Respondents at an average of 1.5 serves of fruit, and 2.5 serves of vegetables per day- Ate takeaway 1-3 times a week- 17.9% of residents drank sugar sweetened soft drinks daily- 3.8% of residents did not consume water daily. <p>Our objective is to improve these statistics by embedding healthy eating into our curriculum through the SAKGF program. We believe that participation in the program will lead to life-long shifts into healthy eating and sustainable living habits.</p> <p>This project has wider community interest and support, which is evident on our school Facebook page. It was highlighted as a positive from both parents and students at our recent school review, with many requests from parents to further develop the program to engage more students. The SAKGF program at St Arnaud Primary School is also an important part of the curriculum for the school</p>
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moving forward, with it's integration across the school. It strongly supports our re-engagement program for kids that are struggling to engage in a strictly academic program as it involves hands on and real life activities that involve literacy, numeracy and science skills.

This project provides excellent opportunities to partner with the secondary college, in particular the VCAL students, on developing infrastructure such as seating, a pizza oven, garden beds and greenhouses, and the potential to have the Secondary College become a Stephanie Alexander Kitchen Garden Program school also, thus increasing the amount of community members the program reaches.

The SAKGF program ties in with the Achievement Program that we are currently participating as a member of the St Arnaud Learning Alliance. With assistance from the East Wimmera Health Service we are focusing on the healthy eating module with the aim that this will benefit the school, Alliance and broader community in making choices for healthy living. It also goes hand in hand with St Arnaud Primary School's focus on sustainability. As a ResourceSmart School we have a Green Team consisting of students who are motivated and dedicated towards embedding a culture of sustainability within our school and community. Already the Green Team has reduced our school's waste and saved over \$700 is waste removal in 2018. We feel that the projects outlined in our grant application all work in unison to help to educate and move our school and community forward into a more sustainable, healthy and positive way of life.

Objectives, Outcomes, measures of success

Participation in the SAKGFP aligns to the school's commitment to the health and wellbeing of our students and the wider community.
 Specific outcomes of the program that the funding contributes towards includes:

Objective	Outcome	Measure of Success
Ventilation of shipping container.	Shipping container fully ventilated & able to be used for garden classes and storage.	Classes are using the container regularly and storage is easily accessible.
Bird safe netting for trees.	Prosperous harvest of fruit from the orchard	Fruit is not spoiled by birds and able to be harvested for use in Kitchen classes.
Olive trees in wine barrels.	Harvests of olives to use in Kitchen Classes	Classes are able to produce their own preserved olives etc. using fresh, organic school grown produce.
Soil and Mulch	Improved soil quality and optimum growing conditions for fruit and vegetables.	Fruit and vegetable plants in the garden beds grow healthily and fully to produce a good standard and quantity of produce.
Shelving units in the shipping container.	Tools and equipment needed for garden	Equipment and tools are easy to locate and access. They are stored in a neat and organised

		classes are stored neatly to keep them in good condition and prolong their 'life'.	manner.
	Sprinkler System & Chicken Feeder	Sustainable watering and feeding practices throughout the holidays and warmer weather.	Staff will spend less time tending to the garden and chickens over weekends and holidays. A reduced amount of water used to maintain the garden.
	Begin painting the Shipping Container	A mural that is painted by local artist/s with students input. The mural will provide a visually engaging way for the school to communicate to the community and school members, our commitment to healthy eating, sharing a meal, our connection to nature and our commitment to sustainability. It also serves to demonstrate our school culture and values.	The final product of the mural will provide the community and passers by with an insight into the culture and values of St Arnaud Primary School.
	Chicken/Guinea Pig Hutch	Chicken and Guinea Pig enterprise program helps to establish responsibilities, respect and kindness for others.	Students in Prep/One facilitate Chicken and Guinea Pig enterprise program. Students are responsible for taking care of these school pets and develop skills in being responsible, kind and respectful.
Community Benefits	<p>Our recent school review indicates there's strong parent and school community support to broaden involvement in the SAKGF program across the school. School participation benefits local residents more broadly as students are taking home what they've learnt about growing, harvesting, preparing and sharing healthy food, along with good habits in waste management within their home. Local residents also have the opportunity to volunteer to be a part of the program, which provides active living opportunities. Furthermore, we will use and support local businesses to purchase equipment ensuring that the grant funding also benefits the local community a second time. We have outlined in our forecast budget our preferred local suppliers to demonstrate this. Families of students involved in the program are regularly inspired by their children and more than 50% of the children involved in the program in 2018 have already begun a vegetable garden at home and have cooked meals they have previously prepared at school. This has far reaching benefits for health within our community, including mental health outcomes. We are working towards strengthening our volunteer numbers</p>		

	and expanding our volunteer base to community members who are not directly affiliated with the school.
How many people will benefit	In 2018 approximately 20 students were involved in the program. This number has since expanded and the number of students involved in the SAKGF program in 2019 will be approximately 120 students. We estimate that this would reach approximately 85+ families in our community (including staff and volunteers) that would benefit directly from the program, with many more who are not directly involved benefiting also.
In kind support	In kind support will be sought for the installation of ventilation, painting of the shipping container and instillation of the sprinkler system. We will also call on our school community to help with the donation of associated incidentals such as bricks and timber.
Project Manager	Kirri Ezard
Overall project cost	\$5000 Please refer to the forecast budget attached for a breakdown of expenses
Project Timeline	We aim to have all works completed by July 31 st 2019.